

Hamilton Community Pre-School

"Where discoveries, learning and fun connect"



Information Sheets for Parents:

Braveheart's Program

National Quality Standard – Quality Area 2

Element 2.2.2 – Incident and emergency management. Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practised and implemented

Children are among the most vulnerable members of our community. Hamilton Community Pre-School is committed to teaching children practical and easy to understand personal safety strategies to help students keep safe.

Research has highlighted that by educating a child about personal safety we can:

- Reduce the likelihood of a child entering into an unsafe situation
- Teach a child how to respond to an unsafe situation
- Help increase a child's self-esteem and in doing so, reduce the likelihood that the child will be targeted, for example, by bullies
- Help increase a child's knowledge of their personal rights such as "I have the right to feel safe" and in doing so increase the likelihood that the child will be more inclined to either report unsafe behaviour and/or diffuse an unsafe situation.

In conjunction with other school activities/resources, Hamilton Community Pre-School will be utilising some activities that have been developed by Braveheart's Inc.

Braveheart's work specifically in education, prevention, early intervention and counselling of children in relation to child protection. Its education activities and resources have been shown to have positive impacts in areas such as bullying, abduction prevention and interpersonal violence.

The aim of the Braveheart's education programs is to empower children with the skills and knowledge on how to keep safe. Braveheart's activities also emphasise the learning and implementation of communication skills, assertiveness and problem solving.

The key safety messages in "Dittos Keep Safe Adventure" program include:

- "Yes" and "No" feelings
- Warning Signs
- Private Parts
- Secrets
- Who to tell

For further information on [Bravehearts](#)