

# Hamilton Community Pre-School

"Where discoveries, learning and fun connect"



## Information Sheets for Parents:

### ***Nut Products at Pre-School***

#### **National Quality Standard – Quality Area 2**

Element 2.1.2 – Health Practices and Procedures – Effective illness and injury management and hygiene practices are promoted and implemented.

At Hamilton Community Pre-School we can have children attending the centre with potentially life-threatening food allergies, known as anaphylaxis. The centre is a "Nut free Zone".

It is important that there is strict avoidance to any Nut related food (e.g. nuts, peanut butter, nut bars, Nutella, etc.) in order to prevent a reaction. Any exposure to nuts may cause a life-threatening allergic reaction that requires emergency medical treatment.

To reduce the chance of this occurring, we are asking that you do not send any nut products to Pre-School with your child. If your child has eaten nuts before coming to Pre-School, please be sure your child's hands and face have been thoroughly washed before entering the centre.

Anaphylaxis is the most severe form of allergic reaction and is potentially life threatening. It must be treated as an emergency, requiring immediate treatment and urgent medical attention. The signs and symptoms of anaphylaxis usually occur within the first 20 minutes to 2 hours after exposure. Allergic symptoms may initially appear mild or moderate but can progress rapidly. The most severe allergic reactions involve the respiratory system (breathing) and/or cardiovascular system (heart and blood pressure). Symptoms of nut allergy can include; hives, swelling of the lips, face and eyes, swelling of the tongue, breathing difficulty, abdominal pain, vomiting or a sudden drop in blood pressure. If left untreated, these symptoms can be fatal.

Adrenaline is the first line treatment for severe allergic reactions and can be administered via an autoinjector called the EpiPen or the Anapen. All educators are trained to administer these if and when required, then an ambulance will be called and child will be taken to hospital.



Anapen® Jr (150 microgram)

Educators check morning tea and lunch boxes every day and if a child has food that could trigger an allergic reaction, then that food will be put in a plastic bag and disposed of by placing it in the wheelie bin immediately. We will not risk the safety of others. We require your help to provide all students with a safe Pre-School environment and appreciate your support with this matter.

Please speak to educators if you have any questions. For more information on Anaphylaxis [click here](#)

